

Become a Client

Schedule an Assessment

Begin admission to Rehab After Work by calling **(610) 644-6464**.

Complete an Assessment

These assessments allow Rehab After Work to identify the type of addiction you're suffering from and develop a highly individualized and effective outpatient treatment plan.

Determine Payment

An admissions professional will verify that treatment services are covered by your insurance provider. We accept a wide variety of commercial and third-party insurance. If services are not covered, they will discuss other payment options with you.

Develop Your Treatment Plan

If a completed assessment indicates that treatment with Rehab After Work is right for you, an admissions professional will help you develop and arrange your treatment plan.

If Rehab After Work doesn't provide services that are compatible with your needs, we can refer you to an outside treatment provider so that you receive the care best suited for you.



Get Help Today

At Rehab After Work, we can provide the personalized and flexible help you need in order to feel confident in your recovery or maintenance of sobriety.

If you or a loved one could benefit from Rehab After Work's outpatient services, call us at **(610) 644-6464** or visit us online at **rehabafterwork.com** today to schedule an assessment and begin developing your treatment plan.

Locations in the following counties:

Chester | Delaware | Lancaster
Montgomery | Philadelphia | York

For a full list of locations and services, visit **rehabafterwork.com**.



A Member of Onward Behavioral Health



Rehab After Work

Substance Use Treatment



About Rehab After Work

Rehab After Work is a licensed intensive outpatient drug and alcohol program that has been helping addicted individuals find the road to recovery for over a decade.

We provide individualized treatment programs so people can get the help they need on an outpatient basis while continuing to work, attend school, and maintain regular commitments.

Our staff of highly trained professionals includes certified addictions counselors and psychologists with specialized training in addictions who are dedicated to helping people who struggle with substance use.

The client's best interests are always the central focus of our staff.

Treatment Services

Rehab After Work recognizes that drug and/or alcohol addiction is a complex problem that can affect almost every aspect of an individual's life: family, school, work, and community.

Because of the devastating consequences of this disease, treatment must involve many unique components as no single treatment method or approach is appropriate for everyone. Matching treatment programs and services to an individual's particular needs is critical to their success in society.

Clients will receive an assessment prior to treatment to determine which path is best for them, as well as a personalized treatment plan once they enroll.

Treatment services for adults and adolescents include:

- Intensive outpatient program
- Outpatient group therapy
- Individual, couples, and family therapy
- Partial hospitalization program
- Medication assisted treatment
- Addictions Awareness and DUI program

Intensive Outpatient Program

Designed for individuals that have been using drugs or alcohol and need frequent treatment sessions to maintain abstinence, these groups are kept to an average of 8 members so all individuals get the focus needed for successful outpatient therapy.

Outpatient Group Therapy

Outpatient groups include transitional groups for those who have successfully completed an IOP; long-term recovery skills groups; and groups focused on specific topics, skills, or themes.

Individual, Couples, & Family Therapy

Individual outpatient addiction treatment therapy sessions and family therapy sessions are provided for clients and their family members during day or evening hours.

Rehab After School

Rehab After School offers comprehensive addiction programs that address the full range of needs for teens and their families. Help is provided in a format teens understand and trust.

Partial Hospitalization Program

Our clinically-intensive PHP serves those who need structure and intensity in treatment, but have environmental supports to return home to daily. PHP clients can access ancillary services such as biofeedback, yoga, and reiki.

Medication Assisted Treatment

Medication assisted treatment can provide relief for individuals struggling with opioid addiction and withdrawal symptoms.

Addictions Awareness/DUI Programs

These programs are designed for adults struggling with the legal or personal consequences of excessive drug and/or alcohol use.

